



The Daily Schedule

DAY TIME

7:40 AM	Wake up	2:00-2:50	Fourth Activity (free swim/alternate)
8:10 AM	Breakfast begins	3:00-3:50	Fifth Activity
8:50-9:40	First Activity	3:50-4:05	Snack
9:50-10:40	Second Activity	4:10-5:00	Sixth Activity
10:50-11:40	Third Activity	5:10-6:00	Bunk Time (showers/relax)
11:50-12:05	Camp Assembly (announcements)	6:00 PM	Supper begins
12:05-12:20	Get ready for lunch	CHOOSE TOMORROW'S ACTIVITIES	Clubs
12:20 PM	Lunch begins		OR All-camp activity from 7:15-8:15
1:00-1:50	Bunk Time (rest/bunk activities)	6:45-8:15	

NIGHT TIME

FRESHMEN

8:15-8:30	Canteen (evening snack)
8:30-9:30	Back to the dorm, ready for bed, phone calls, BUNK MEETING
9:30	Bedtime/all quiet

SOPHOMORES

8:30-8:50	Canteen (evening snack)
8:50-9:50	Back to the dorm, ready for bed, phone calls, BUNK MEETING
9:50	Bedtime/all quiet

JUNIORS

8:15	Evening Activity
9:00	Canteen (evening snack)
9:20-10:15	Back to the dorm, ready for bed, phone calls, BUNK MEETING
10:15	Bedtime/all quiet

SENIORS

8:15	Evening Activity
9:20	Canteen (evening snack)
9:40	Back to dorm, ready for bed, phone calls, BUNK MEETING
10:45	Bedtime/all quiet

SUPER SENIORS

8:15	Evening Activity
9:20	Back to dorms for phone calls.
9:40	Canteen (evening snack)
10:00	Back to dorm, ready for bed, phone calls, BUNK MEETING
11:00	Bedtime/all quiet

NOTES

Freshmen are entering 3rd, 4th and 5th grades.

Sophomores are entering 6th grade.

Juniors are entering 7th grade.

Seniors are entering 8th grade.

Super Seniors are entering 9th and 10th grades.

Monday mornings. Buses arrive in camp between 9:30 and 9:50 AM. Counselors greet campers at the bus and help the campers get settled into the dorms. There is one morning activity before lunch.

Friday afternoons. There is one afternoon activity. Campers and bus counselors board buses around 3:45PM.

Choosing activities. Bunk counselors help each of their campers choose the next day's activities just before or just after lunch time. Choice is individual, not by group. Monday activities are chosen the previous Friday. On Mondays with new campers the morning activity is chosen "on the spot"; Monday afternoon activities are chosen on Monday morning. Campers are accompanied by staff at all times; nobody goes anywhere by him/herself (there are no exceptions to this basic safety rule).

Fourth Activity is "free swim". Campers who do not want to swim have 6-8 alternative activity choices.

Instructional swim is an almost daily activity and is automatically programmed into each camper's daily schedule, except for our "super seniors" "Supers" (entering 9th and 10th grades) may have an instructional swim, but they must request it.

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Special Days. Once in a while we replace our regular activities with a special event in the morning or afternoon. Examples include Rock of July, Carnival, Water World, Water Carnival, Wacky Olympics, Founders Day, Super Heroes Day, Campstock, Super Mario Day and other special theme events. Sometimes groups go fishing at Blair Lake or Lake Genevieve or enjoy hiking in the nearby countryside.

Unstructured time. Bunk times are unstructured times, but sometimes campers also want to have an activity period that allows for “free play”. In that case, campers choose “afternoon shade” (during the free swim period) or “evening shade” (during clubs). You will find “shade-sters” hanging out in the bowl (always with counselors present and involved), enjoying such things as crafts, reading, writing, drawing, card games, Frisbee, jump rope, and just generally socializing with each other and the counselors. Sometimes we have “open mike” for shade so campers and staff can sing, play instruments or tell stories or jokes or read poems. “Shade” is also a popular time to practice for an upcoming talent show or to rehearse with your camp band.

Clubs. Right after supper. When we have them, clubs are the 7th activity period of the day. They last about 90 minutes and are chosen by each camper at supper. In contrast to the regular activity periods of the day, clubs include a wider mix of age groups. Sport clubs are focused on play and less on instruction. Art clubs are for finishing up projects already begun during the day or for big group art projects (murals, stage sets, etc.). Many of our sport tournaments take place during clubs, as do many drama, music, dance, gymnastics and talent show rehearsals. Clubs can also include working on the camp newspaper (“Sundial”), role playing games, rock-etry, in-line skating, jump roping, hacky sack, singing, cheerleading, etc.

Evening Activities. There are a variety of evening activities, depending on age. Every Thursday we have an all-camp drama production, musical, talent show or dance show. Sometimes we have an all-camp “social” with music, games and dancing. Other nights the activities are by age division. These include skit nights, scavenger hunts, game shows, sing downs, look-alike contests, sports/games under the lights, counselor hunts, pool parties, star gazing, campfires, etc.

Canteen. At night, each age division visits the canteen. It’s a time for snacks (no cost) and socializing before returning to the dorm for the night.

“Camper Choice”. One of the best things about Campus Kids is that each camper chooses his/her own activities every day. For instance, on Tuesday you choose what you want to do on Wednesday. Your counselors help you with this.

Typical Activities. There’s lots to choose from, including the following: tennis, softball, basketball, volleyball, archery, fencing, aerobics, jogging, soccer, lacrosse, skateboarding (and longboarding), inline skating, gymnastics, squash, touch football, free swim, swim lessons, yoga, dodge ball, ultimate Frisbee, golf*, kickball, tenny-ball, Frisbee golf, ga-ga, “gladiator” (not violent!), fitness center (for teens only), dance (various kinds), drama games, acting, being in a drama production (or working behind the scenes), singing, drums, guitar, bass guitar, camper/counselor bands, arts & crafts (many different kinds), painting, drawing, ceramics, rocketry, photography (with our digital cameras and computers), silk screening, tie dyeing, candle making, bead looming, lanyard, chess, creative writing (and writing for the weekly camp newspaper). And every summer we come up with a few new activities based on counselor talents and camper suggestions.

* “Golf Skills” is offered as an activity to teach basic skills to campers. The Blair campus also has a regulation 9-hole golf course (3,000 yards, 35 par) that we use for campers who already have golf experience or take some golf skills sessions with us first.

If you would like to read about a **TYPICAL WEEK AT CAMP**, go to the following web page where you can read the summer editions (published each Friday) of our camp newspaper, the “Sundial”:

www.campuskids.com/readthesundial.htm

Weekend Adventures (for campers entering 7th grade and older) Sometimes campers don’t want to go home for the weekend and they sign up instead for one our special Weekend Adventure trips. These take place three times during the summer: the weekends between Weeks 3-4, between Weeks 5-6, and between Weeks 7-8. We’ll be glad to give you all the information. There is an extra charge for this program.

Sport Specialty Options (for campers entering 7th grade and older) Campers attending our first two weeks of camp have the option to sign up for a **SQUASH** specialty. During Weeks 3-4 they can sign up for a **TENNIS** specialty. And for Weeks 5-6 we offer an **ULTIMATE FRISBEE** specialty. These are special programs for campers who want to more quickly advance their skills in these sports and learn new strategies. They spend almost half of their daytime program activity periods in the specialty sport. There is no extra charge for this program. We’ll be glad to give you all the information.

QUESTIONS ABOUT CAMP?

We’d love to answer them and to hear your suggestions.

Contact us by phone at 973-845-9260 or by e-mail at CKNewJersey@campuskids.com .